



ISTA SSSEx

**~ Spiritual Sexual Shamanic Experience ~ Level 1&2 ~
~ Brazil 2020 ~**

WELCOME!

We are pleased to have you join us on what for sure will be a powerful journey of transformation.

You will find enclosed all the information you need to follow through with your registration and preparation for this time together.

PLEASE DOWNLOAD all the following forms, which are available at www.istabrazil.com, on the **REGISTRATION** page.

1. **Participant Application Form** - when it is completed to the end, it is automatically sent to us. **PAYMENT PROOF** must be sent separately to: istabrazil@gmail.com, with your full name in the "subject" of the email;
2. **Group Agreement Form** (ONLY FOR LEVEL 1) - to be read **CAREFULLY**. If there are any items on this form that you do not wish to consent to, please check in with the teaching staff before confirming your attendance. These **AGREEMENTS** are also on the **REGISTRATION FORM**, and there you can comment on possible disagreements. All participants should align with the field of agreements to create the necessary container for this transformational work.

3. **What to Bring Form** - just as suggestions that may be very useful.
4. **Traveling Info Form** - which will give you tips and suggestions to make your arrival and departure easier, as well as make our organization better planned.

HOW TO PREPARE:

Please give yourself time to tune into your desires and intentions for this training.

It is a good idea to watch some videos that are available at the ISTA youtube channel, as well as to read "Sacred Sexual Healing: The Shaman Method of Sex Magic" by Baba Dez and Kamala Devi. We will have some available to sell during the training.

Through these materials you may get better acquainted with the various facilitators and the background of ISTA.

WHAT TO EXPECT:

- **THE SCHEDULE** during the training is a full time program, so be prepared to give yourself full time attention.

You are invited to be on time for your benefit as well as for the group's alignment.

- **IN THE MORNINGS**, before breakfast, there will be activities offered in preparation for the day's program. It may be yoga, meditations, breath work, dance, etc... and it will be presented by one of the assistants/apprentices.

You are highly encouraged to come to these morning activities, as they will be of great support for daily presentations.

- **AFTER BREAKFAST** and before the morning program, we will meet in small pods ~ groups of 5 or 6 participants.

This is a time of intimacy and sharing in an open way.

- **DURING THE DAYS**, we will gather in the meeting room in the morning and afternoon, approximately between 10 am and 7 pm, with a 2 hour lunch break.

During this time various forms of presentations, rituals, sharing, demonstrations, practice sessions, and integration will be offered.

- **IN THE EVENINGS**, we may have other sessions together, or the meeting room will be available for participants to gather and share, socialize, or spend time in a more intimate way. The nature is also spectacular, and there are many lovely locations to spend time in silence, or in joy!

There is a sauna that will be available most of the evenings.

This schedule may be subjected to changes, as our program is flexible according to different factors and the interactions with the participants, which is always different in every group.

Come with an open mind and ready to stay in the flow of what is happening for you and others!

If there's anything you wish to further discuss, please do get in touch with Mariana via email istabrazil@gmail.com or **+55 21 99364 3607**.

